

Peer Educators:

'Instructions not included'

6 parents finished this training programme on the realities of parenthood.

All increased their self-esteem scores
All received 100 hours volunteer awards
3 went on to deliver a course in school
2 received 200 hours volunteer awards

Some parents also completed a book "I'm a Mum-Now What?" which will be a valuable resource for other young mums.

Quotes

- "We feel that we'll make an impact on young people"
- "I achieved something I never thought I could do"
- "Changed my thoughts about life"
- "I am really proud of myself"

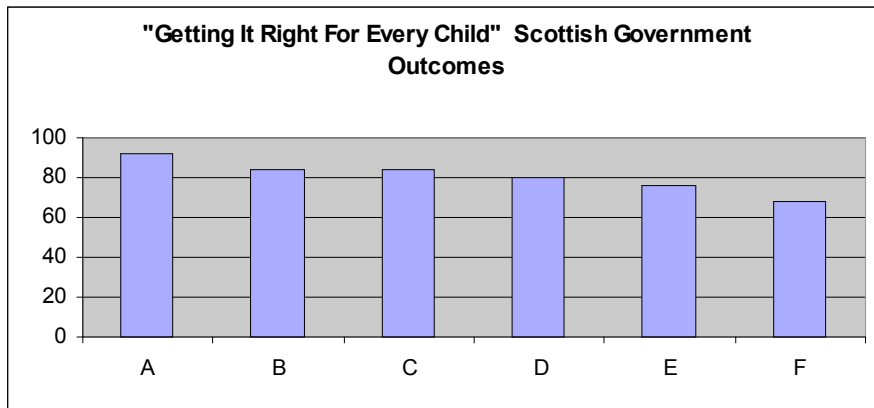
Quotes

- "Will need and use this service again and again"
- "I really enjoyed it"
- "It was good and it really helped"

Careers Service

- 103 individuals offered interviews
- Careers input to a range of groups
- Peer educators interview training
- Crèche worker applications & training
- 5 people completed 'Driving Ahead' course (delivered in partnership with Access 2 Employment)

Outcomes Questionnaire (49) March 08



Sure Start's contribution to

- A making you feel safe
- B feeling valued and feeling cared for
- C feeling more part of the community
- D having a supportive group of friends/family
- E to achieve more and to lead a more active life
- F helping you to be healthier

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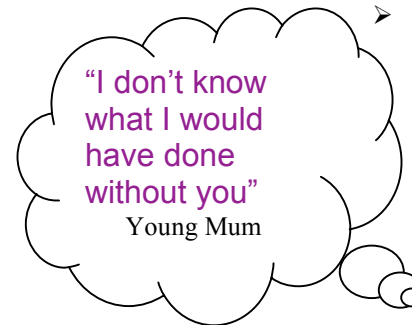
Sure Start Annual Report 07/08 Summary

www.wlcsurestart.org.uk

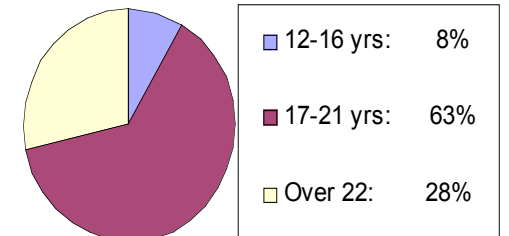


We aim to give very young children (from pre-birth to 3 years) the best possible start in life by working closely with parents, grandparents and carers. We also work with other agencies. We will do this by providing a service, which will:

- improve children's social and emotional development, their health and their ability to learn
- Strengthen families and communities by building on parents' existing skills, experience and knowledge



Age of Adults Offered Service (422)



Activity Statistics

Open/closed this year 652
Referrals this year 465
Active referrals (at 31.3.08) 504

Groups

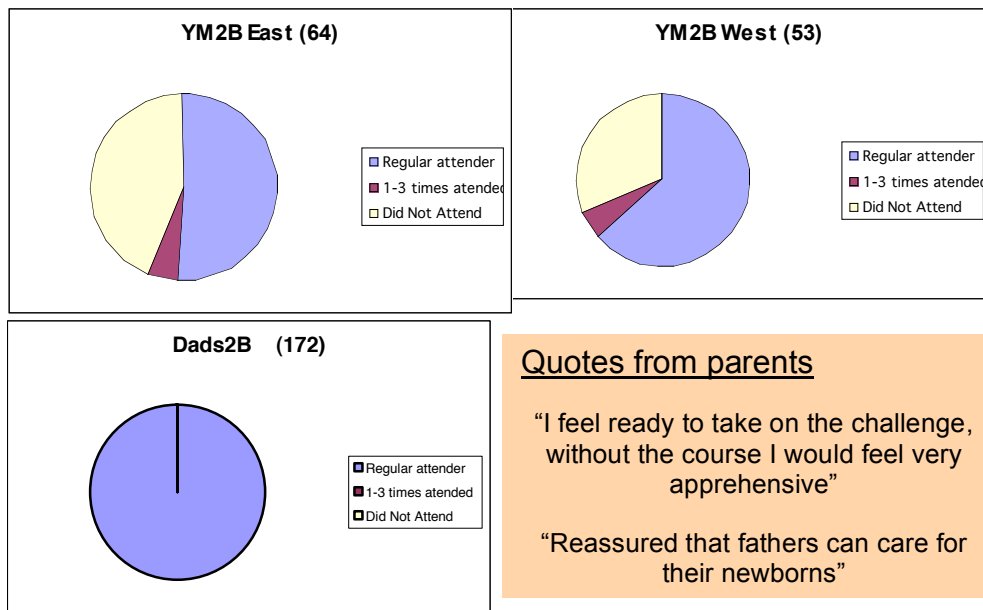


An Activity group – 'drop-in'

Usually 35 groups per week
29 groups at 31.3.08 (Easter Holidays)

- Activity Based 7
- Young Mums 2B 2
- Young Mums + 6
- Dads2B 2
- Dads Club / Group 2
- Parenting 5
- Others 5

Antenatal Services



Quotes from parents

"I feel ready to take on the challenge, without the course I would feel very apprehensive"

"Reassured that fathers can care for their newborns"

Young women are offered individual or group support: not all attend groups. All men who enrolled on the dads2b course, this year, completed the four-week course.

Postnatal Services

After the birth of a baby parents can choose from a range of groups and parenting courses.

	Referred	Beg of Year	End of Year
YM+	92	40	43
MumzRUz	11	11	11
Dads Club	26	11	16
Group Totals		418	
Parenting Courses		90	
Activity Groups		123	
Total		631	

Quotes from parents

"This is somewhere I can open up and talk about what's on my mind"

"It's the only other time in the week that I get a chance to see anyone else"

Quotes from parents

"It is important to have somewhere to go and get support"

"It is a good group, a fun group"

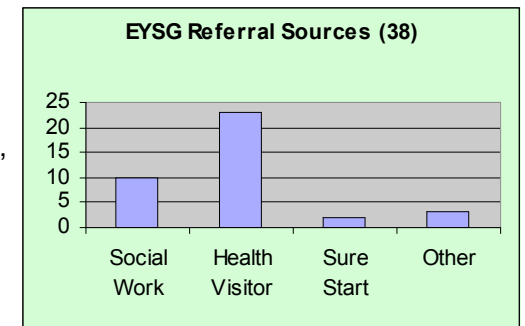
Fathers said they feel calmer, not "flying off the handle so much" and being better able to "put myself in my children's shoes"



Individual Support

Support is provided by Early Years Development Workers and Early Years Family Workers. Referrals come through groupwork, or the Early Years Services Group, which meets weekly.

26 referrals came to Early Years Family Workers this year in this way.



Quote from parent

'D helped and encouraged me in everyway. I now go to a church group with my son and a musical class and take him swimming. I could not have managed to go to these without the encouragement from D'

Crèche Work

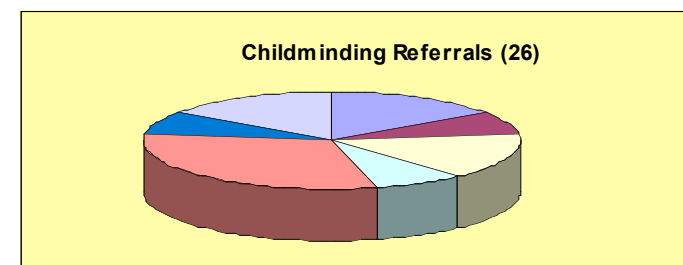
We had 17 creche workers at 31.3.08. In December 2007 we registered with the Care Commission. Our crèche workers receive initial preparation through Sure Start and Community Education, and ongoing training from the West Lothian Council Voluntary Organisations and Childcare programme. The crèches support 15-20 groups per week. For many of our crèche workers this is a route back into work or education.

Quote from parent

"My son used to be a nightmare, when I left him in the crèche, but now he is getting better"

Childminding

We had 26 referrals throughout the period, which were made for various reasons. The main reasons were respite to support relative carers, respite for parental poor health and parent / carers in-ability to care for the child.



Quote from parent

" This placement was invaluable to my family at a very difficult time. I am very grateful that this service was made available to us."